



## Guidelines to Competency for Health Professionals Caring for Patients with Pressure Related Injuries

1.0	Professional Practice	Standard 1, 2 & 3
1.1	<ul style="list-style-type: none"><li>▪ Practices in accordance with the Australian Health Practitioner Regulation Agency (AHPRA).</li><li>▪ Complies with legislation standards codes and regulation governing each speciality practice. <a href="http://www.ahpra.gov.au/">http://www.ahpra.gov.au/</a> August 2010</li></ul>	
1.2	<ul style="list-style-type: none"><li>▪ Provides a comprehensive assessment of the individual, their ability to mobilise independently, the wound and the healing environment;</li><li>▪ Performs a risk assessment analysis, using a validated tool, early intervention and appropriate referral as required.</li></ul>	
1.3	<ul style="list-style-type: none"><li>▪ Identifies unsafe practise and has the ability to respond appropriately.</li></ul>	
2.0	Intellectual skills-knowledge and understanding	Standard 2 & 6
2.1	<ul style="list-style-type: none"><li>▪ Has a comprehensive understanding of:<ul style="list-style-type: none"><li>○ The anatomy and physiology of the circulatory, nervous and musculoskeletal systems;</li><li>○ The pathophysiology and aetiology of pressure injuries;</li><li>○ Management strategies for pressure prevention and management.</li></ul></li></ul>	
2.2	<ul style="list-style-type: none"><li>▪ Is able to perform a comprehensive vascular assessment, particularly of the lower limb and general skin condition;</li><li>▪ Is able to differentiate between pressure related injuries and moisture injuries;</li><li>▪ Has the ability to identify risk factors associated with the development of pressure injuries;</li><li>▪ Can identify best practise related to wound care choices in prevention and management of pressure injuries.</li></ul>	
2.3	<ul style="list-style-type: none"><li>▪ Assists individuals to make health care decisions related to the impact of their management interventions.</li></ul>	
2.4	<ul style="list-style-type: none"><li>▪ Communicates strategies appropriate to the individual, their families and carers.</li></ul>	

2.5	<ul style="list-style-type: none"> <li>Identifies the psychosocial impact of pressure injuries.</li> </ul>	
<b>3.0</b>	<b>Management of Pressure Ulceration</b>	<b>Standard 2 &amp; 7</b>
3.1	<ul style="list-style-type: none"> <li>Locates and utilises best available research.</li> </ul>	
3.2	<ul style="list-style-type: none"> <li>Can develop safe intervention strategies ensuring other body parts are not put at further risk.</li> </ul>	
3.3	<ul style="list-style-type: none"> <li>Utilises information technology systems within Health Care Service for wound documentation and other related equipment.</li> </ul>	
3.4	<ul style="list-style-type: none"> <li>Initiates systems for the evaluation of the provision of pressure prevention strategies within all health care services.</li> </ul>	
3.5	<ul style="list-style-type: none"> <li>Monitors and evaluates treatment outcomes.</li> </ul>	
<b>4.0</b>	<b>Collaborative practise</b>	<b>Standard 1 &amp; 2</b>
4.1	<ul style="list-style-type: none"> <li>Promotes effective communication between other health professionals, clients and carers.</li> </ul>	
4.2	<ul style="list-style-type: none"> <li>Shares decision making with other health care professionals.</li> </ul>	
4.3	<ul style="list-style-type: none"> <li>Recognises own limitations in relation to caring for clients with pressure injuries and seeks advice.</li> </ul>	
4.4	<ul style="list-style-type: none"> <li>Liaises with relevant community and health care agencies in order to maintain continuity of care.</li> </ul>	

Based on:

- Australian Nursing and Midwifery Council, National Competency Standards for the Nurse Practitioner, Registered and Enrolled Nurse;
- Standards for Wound Management 1<sup>st</sup> edition (2002). Australian Wound Management Association Inc.